STRATEGIES FOR CUTTING COSTS
SERIES

The Tech-Savvy Podcast
The CYBER SAVVY CAFE
For Busy Professionals

SSN 1 EP 15: THE NEW KID
IN TOWN, PART 2
Signs that your internal IT department may be
overworked and ways co-managed IT can assist.

Strategies for Cutting Costs Series

Ssn 1 Ep 15
The New Kid in Town, Part 2

Some of the signs your internal IT department may be overworked, and how co-managed IT can assist.

SHOW NOTES

Today's episode continues the discussion about co-managed IT and talks about some of the signs that your IT department is overworked, the fallout that comes with it, and how co-managed IT can help.

00:50: Some of the signs that your IT department is overwhelmed

2:32: Multiple locations, remote working, and the effects on an IT team

4:15: Financial and security fallout from an over-stretched IT team

5:50: Missed patches and falling behind on routine maintenance, and the extensive damage and downtime that can cost a company.

6:15: The average amount of time a threat actor is living on your network before you find out they're there, and what they're doing during that time.

6:58: How much does your cyber-insurance protect you? How much do they pay out if you suffer a breach?

8:40: Reputational damage if you suffer a breach, and other effects on your company.

9:15: Lawsuit of a company in the UK that sued an American company

9:38: Are government fines, fees, and lawsuits covered by your insurance company if you weren't at fault in a breach?

10:35: Average cost of a data breach

11:03: The HIPAA Wall of Shame

12:10: The goal is to make your network so difficult to break into, that a threat actor will give up and go somewhere else.

12:56: Further fallout: Supply Chain Attack, what is it and how can if affect you?

13:55: The new compliance, CMMC, what it is and how it protects the supply chain and what it means for smaller companies

14:55: When is co-managed IT NOT a good solution for a company?

At the end of the Strategies for Cuttings Costs series, we'll be putting all the highlights together into a mini eBook that you can download. We'll make it available in the show notes for each of the episodes in the series, so check back on that!

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You'll find the downloadable version of these show notes at: https://EastAtlanticSecurity.com/Cyber-Savvy-Cafe