



Ssn 1 Ep 22

Knock Knock, Who's There?

How Security Awareness Training and Phishing Simulations Can Save Your Business from a Catastrophic Breach

SHOW NOTES

1:01: Let's talk about why security awareness training is so important and how many businesses may or may not be doing that already.

1:48 Your employees are the first line of defense in your organization.

2:19: Phishing is now the primary access point into your network, discussion of changes in company security over the years.

3:10: The importance of phishing simulations and follow-up training.

4:33: How does a company find cyber awareness training?

5:16: How do you measure the success of a cyber awareness training program?

6:10: The importance of documentation in providing cyber awareness training.

6:18: Most cyber security insurance requires cyber awareness training, check your policy to make sure you're in compliance with your insurance company's requirements.

6:48: What kind of time investment is needed when providing cyber security awareness training?

8:19: How ongoing awareness training keeps phishing threats front-of-mind.

9:00: Going back to cyber insurance, are you in compliance, what happens if you're not, and making sure you've checked all the boxes to keep yourself secure.

11:52: What happens after a hack, what your insurance company will do to investigate the breach.

13:00: Two areas to watch out for: a false sense of security that you have insurance and you'll be covered in case of a breach, and failure to provide cyber awareness training for your staff.

13:18: The easiest thing to do to prevent a breach.

14:01: What steps to take to begin training your staff.

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