



Ssn 1 Ep 24

## Is Your Refrigerator Running? IoT on the Move

Did you know those smart devices are hackable? Learn how to enjoy the advantages of modern IoT without compromising the security of your network.

### SHOW NOTES

1:54: If a device is just Bluetooth connected, is it still considered a “smart device” and could it be hacked?

2:50: How can you improve your office environment with IoT devices and do so safely?

3:04: Some of the top reasons why businesses would consider using IoT devices in the office.

6:06: Alexa for Business

7:56: Some of the security risks with IoT.

8:15: Patching and updates.

9:36: Percentage of cyber attacks using IoT devices and number of households and offices that have IoT.

11:05: Come up with a plan to segment your network so you can use IoT safely and test it on a regular basis.

12:10: Let’s talk about the smart coffee machine that got hacked (in a test environment).

14:04: What does “out of the box” mean in relation to IoT devices and how do you configure your settings.

14:42: A lot of these devices have manufacturer defaults—and how a cyber criminal can capitalize on those.

16:26: Is there a way to make your IoT devices non-searchable?

17:25: If you're at work and not checking your notifications, how someone could hack into your IoT devices before you can stop them.

17:43: How a refrigerator could be used for a Distributed Denial of Services attack (DDOS).

19:30: Everything comes with a cost; convenience and privacy issues.

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